



Fox Valley Lacrosse Club is a non-profit 501c(3) organization that promotes youth lacrosse through travel and non-travel lacrosse teams for boy's age K-8th grade in the Naperville and surrounding communities. During the spring season Fox Valley Lacrosse Club fields 12-14 youth lacrosse teams with a total of about 250 member athletes. As the premier lacrosse club in Naperville and surrounding communities, Fox Valley Lacrosse Club (FVLC) offers playing opportunities ranging from beginner/developmental teams, intermediate/experienced teams and also advanced/elite travel teams. Our primary focus is on turning passionate athletes into highly skilled lacrosse players ready for the next level, i.e. high school and college.

FVLC combines talented coaching with a large number of practices and playing opportunities to ensure your son gets the most out of their club lacrosse experience. With a strong commitment to developing your son's leadership, character and sportsmanship through the game of lacrosse, our coaches teach important fundamentals including stick skills, defense, offense, dodging, shooting, game strategy, transition offense, transition defense, etc. As your son develops and grows through the program, advanced playing opportunities are also available nationally.

FVLC values and caters to the multi-sport athlete, in the off season we offer convenient affordable ways to keep a stick in your sons hands so they continue to stay sharp and develop while in season with another sport. In the late summer we offer our Sunday evening Skills Academy, in the fall we offer our Saturday evening Indoor Skills Training, in the winter we offer our indoor Sunday morning Shooting, Dodging and Defense Skills Training. Additionally our Winter Indoor League which meets once a week on Sundays in Nov/Dec is an action packed fun filled program open to all players of all skill levels beginner through advanced, FVLC members and non FVLC members are welcome.

2017 Season Highlights

January 22 – Player evaluations and team selection

Jan 29 – March 5 – Indoor team practices @ Players Indoor

March 12 & 19 – Outdoor practices on turf field in Naperville

April-Early June – Team practices every Monday & Friday @ Calvary Church. 545-745pm

Teams

Black/Green (travel) Gold (no travel) 30-40 games including tournaments (varies by team level)

Visit www.foxvalleylax.com for more information and to register

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